
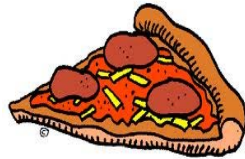




HALB

September, 2012



Monday	Tuesday	Wednesday	Thursday	Friday
* -Grades 1-4 ** Grades 5 - 8 *** Girls Grades 5 - 8				
3 X	4 X	5 X	6- FIRST DAY Macaroni & Cheese * Pepper Sticks ** Tossed Salad Cookies Juice WW Bread	7 X
10 * Chicken Drumsticks ** BBQ Chicken Egg Barley Cucumber Sticks Watermelon Juice WW Bread	11 <u>Rosh Hashana</u> Heroes Potato Knish Pickles Cake Juice WW Bread	12 PIZZA 	13 Grilled Cheese Caesar Salad Watermelon Juice WW Bread	14 X
17 X	18 X	19 Tzom Gedaliah PIZZA 	20 Baked Ziti * Carrot Sticks ** Tossed Salad Ice Cream Juice WW Bread	21 X
24 Sweet&Sour Meatballs White Rice Broccoli Pineapple Chunks Juice WW Bread	25 X	26 X	27 French Toast Maple Syrup American Cheese Garden Salad Sliced Oranges Juice WW Bread	28 X

SUBSTITUTIONS: JELLY, HARD BOILED EGGS, AND PASTA . WATER, AND JUICE AVAILABLE DAILY.