
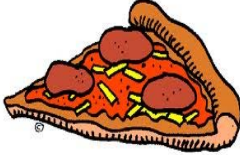

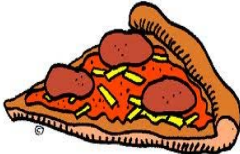




# HALB

October, 2012



Monday	Tuesday	Wednesday	Thursday	Friday
1  <b>X</b>	2  <b>X</b>	3  <b>X</b>	4  <b>X</b>	5  <b>X</b>
8  <b>X</b>	9  <b>X</b>	10 <b>PIZZA</b> 	11 Grilled Cheese  Caesar Salad  Chocolate Pudding  Juice WW Bread	12  <b>X</b>
15 * Chicken Nuggets ** Schwarma&Fallafel ** Pita Bread Couscous Israeli Salad Fresh Peaches Juice WW Bread	16 <u>Rosh Chodesh</u> Heroes Potato Knish Pickles Cake Juice WW Bread	17 <b>PIZZA</b> 	18 Macaroni & Cheese  * Carrot Sticks  **Tossed Salad  Fresh Fruit Juice WW Bread	19  <b>X</b>
22 * Chicken Drumsticks **Roast Chicken Brown Rice Pepper Sticks Fresh Fruit Juice WW Bread	23 Meatballs&Spaghetti  Garlic Bread  Cucumber Sticks  Ices Juice WW Bread	24 <b>PIZZA</b> 	25 *Fish Sticks *Shells *Carrot Sticks **Vegetable Sushi ***Tuna Wraps ***Vegetable Wraps Sliced Oranges Juice WW Bread	26  <b>X</b>
29 Hamburgers French Fries Baby Corn Jello Juice WW Bread	30 Hot Poppers White Rice Tossed Salad Fresh Fruit Juice WW Bread	31 <b>PIZZA</b> 		* -Grades 1-4  ** Grades 5 - 8  *** Girls Grades 5 - 8

SUBSTITUTIONS: JELLY, HARD BOILED EGGS, AND PASTA . WATER, AND JUICE AVAILABLE DAILY.