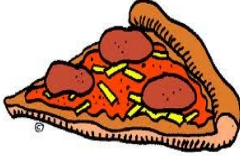











HALB

October, 2011



Monday	Tuesday	Wednesday	Thursday	Friday
3 * Chicken Nuggets ** Schwarma&Fallafel ** Pita Bread Couscous Israeli Salad Fresh Peaches Juice WW Bread	4 *Chicken Drumsticks **Chicken Wraps Baked Potatoes Pepper Sticks Fresh Fruit Juice WW Bread	5 PIZZA 	6 Macaroni & Cheese * Pepper Sticks **Tossed Salad Chocolate Pudding Juice WW Bread	7 
10 Hot Poppers White Rice Mixed Vegetables Fresh Fruit Juice WW Bread	11 Sweet&Sour Meatballs Egg Barley Garden Salad Pineapple Chunks Juice WW Bread	12 PIZZA 	13 X	14 
17 X	18 	19	20	21 
24 * Chicken Drumsticks **Roast Chicken Brown Rice Pepper Sticks Fresh Fruit Juice WW Bread	25 Hamburgers French Fries Garden Salad Ices Juice WW Bread	26 PIZZA 	27 Grilled Cheese Caesar Salad Cookies Juice WW Bread	28 
31 Rosh Chodesh Heroes Potato Knish Pickles Cake Juice WW Bread				* -Grades 1-4 ** Grades 5 - 8 *** Girls Grades 5 - 8

SUBSTITUTIONS: JELLY, HARD BOILED EGGS, AND PASTA . WATER, AND JUICE AVAILABLE DAILY.