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Stella K. Abraham High School for Girls

Parsha Press

PARSHAT VAYAKHEL

And the Oscar Goes To... Jaclyn Ramras

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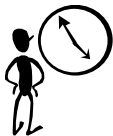
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This week's parsha, parsha Vayakhel, tells us to find out what our talents are and use them for the good. Parsha Vayakhel tells us how the Jewish people constructed the vessels for the Tabernacle. Hashem told Moshe to give the jobs to special talented people. It's always important to take our talents and use them for the good and never give up through good times and bad. The Oscars were taken over by the movie Million Dollar Baby. Million Dollar Baby portrays a woman who wants to become a boxer. Because this woman believes in herself, she is able to accomplish her goals and become a world champion. However, a tragic event occurs and she becomes paralyzed from the neck down and is not able to box anymore. She wants to quit life- she attempts to commit suicide. Every human goes through this feeling at least once in their life. As humans, we always strive for the highest goal possible. When we get there, we thrive with joy. However, sometimes something comes and stops that dream or goal and we want to give up. We must always remember that this dream or goal does not make us who we are. We also have many more talent than that one dream which just was not meant to happen. We should always look deep inside us and find all our special talents, not just one or two, but all and use them for the good.

Based on an article from aish.com

Individuality Mrs. Block

This week's parsha, *Vayakel*, describes in great detail the work that the *chachmei lev* "the wise hearted men" used in building and beautifying the *mishkon*. It is anomalous that these men are referred to in singular tense as opposed to the plural. Rav Moshe Fein-



Shabbat Starts:
5:33

News From Israel
 Abbas is optimistic of a peace deal with Israel. In his first visit to EU headquarters, the PA chief says he wants Palestinian statehood "as soon as possible."



Arutzsheva.com

Individuality

stein explains this as follows: Each one of the *chachmei lev* considered himself fully responsible for the work. Each man worked with his entire body and soul with total dedication and love for *Hashem* as if he himself was the only man working to build the *mishkon*. In reality, there were many men responsible for this enormous and detailed *mitzvah*. We can learn a valuable lesson from this: When each one of us is part of a group whether we're visiting a nursing home or preparing food for a soup kitchen, do we rely on our friends to accomplish our mission or do we really put ourselves totally into it? Do we initiate conversation with the elderly woman, or do we wait for our friend to do so and then just mutter some words and falsely smile? In a group project for class, do we let our friends do most of the work and then just share the outstanding grade? Let us take inspiration from the *chachmei lev* and apply all our ability and our entire individual personality to any group effort.

Shabbos Every Day Mindi Werblowsky

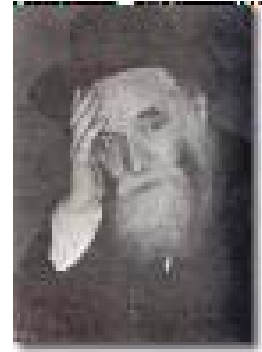
Six days shall work be done; but on the seventh day there shall be to you a holy day, a sabbath of sabbaths to G-d...

One of the obvious questions on this passuk is, why the double lashon? Why does the passuk say a sabbath of sabbaths?

This double lashon hints towards what our attitudes should be during the week. It is not enough to just have one shabbos a week. Rather, each day must be like a "shabbos" with the seventh day being a shabbos of shabbosim. Every day of the week we are supposed to work but we are not supposed to be consumed by work. Our hands and bodies should be working but our hearts and minds should be on a higher level all week long. If we are completely concerned and pre-occupied by weekly concerns every day, then shabbos will not really be a day of rest because we will still be in a weekly mindset. We will never be completely free of our work. The only way for us to be completely free of our work on shabbos is if we are somewhat free of it during the week. And the only way we can be free of it during the week is if we make sure our minds and hearts know that every day is a shabbos too.

Good Shabbos!!!

Story of a Gadol Daniella D. Friedman, Chaya Green, Michelle Zomber



SEHIRAY HALASHON

**People tend to
base their own
self-image on the
way they are
perceived by
others**

Chofetz Chaim:
A Daily Companion

Rabbi and Rebbetzin Kotler celebrated the marriage of their son at Beis Midrash Govoha. Reb Aharon kept a careful account of every plate or cup broken, as well as other minor expenses incurred during the simcha, so that he could later reimburse the yeshiva.

Reb Aharon's son, Reb Shneur, who succeeded his father as rosh yeshiva, carried on the family tradition. Once a California millionaire with no relatives signed a check to the Lakewood Yeshiva after Reb Shneur had visited him, and encouraged him to increase his yearly donation of one hundred dollars. The very same day, the Rosh Yeshiva received a call from the tycoon's aide, informing him that the benefactor had passed away before he could fill in the amount on the check. "Rabbi," the aide asked, "tell me how large a check you'd like. There are millions of dollars sitting in the bank and no heirs to collect them. It's either Sacramento or Lakewood." Reluctant to take more money than the donor might have intended to give, Reb Shneur promptly responded, "One hundred dollars, like every year."

~Builders, By Rabbi Chanoch Teller

Rav Yisrael Abuchatzera, also known as the Baba Sali, had an unbelievable love and compassion for his fellow Jew. He lightened the heavy loads of those who came to tell their tales of woe, and brought them joy and hope. When the Rav went to any simcha, he was sure to bring happiness to all present. "I don't do this for others," he would say. "I do this for myself; there is nothing I enjoy more than making another Jew happy!"

The Rav also had great hospitality. He bestowed honor and generosity upon each of his guests, similar to the actions of Avraham Aveinu. Once a young man was invited to eat at the home of the Rav. Thinking that no one was watching, the young man slipped some food into a bag. But the Rav noticed and at the end of the meal he called the young man to his side and said, "It is brought down in our 'grace after meals' the words ...thou shalt eat and be satisfied... If we are using the word 'satisfy,' then the word 'eat' is superfluous since it is only through eating that a hungry person is satiated. However the word in Hebrew 'vi achalta' hints through its acronym to what is stated in the Torah, 'vi el kailecha lo teetain,' 'into your vessel, thou shalt not place...' The Rav gave the young man generous portions of a variety of foods to take with him and then he blessed him! Baba Sali had spoken softly and with an open heart. In this way he could instruct and admonish, and his words would be accepted with love.

-Adapted from Baba Sali by C. T. Bari

**"Quote of the
Week"**

**Procrastination
is the art of
keeping up with
yesterday**

Don Marquis



FAST FACTS on MUKTZEH Jenny Deluty



- *** The Rambam wrote that the *issur* of *muktzeh* is to move specific objects on *Shabbat* in the way that he would move them on a regular day
 - ***Because one may not speak of *chol* matters on *shabbat* or walk on *Shabbat* as he would walk during *chol*, *kal vachomer* that he should not move things in a way he would during *chol*
 - *** According to the Raavad and Rashi, the *issur* of *muktzeh* originates from a concern that one may come to carry items on *shabbat*, but dishes, which are used on *shabbat*, are not included in the prohibition
 - ***Touching an object without moving it is not forbidden by *issur muktzeh*
 - ***One is forbidden from moving an object that is not food or a vessel, (he may not move things like rocks, money, or dirt) to use the object or to use the space the object takes up
- Based on an article from Torah Lada'at
Rabbi Matis Blum

Mazel Tov



To Yael Eisenberg on the engagement of her sister Ariella to Dov Ginsburg

To Nava Dworetsky on the marriage of her sister

To Jamie Sokolow on the engagement of her sister Elana to Rafi Rosman

To Adina Gamss on the engagement of her brother Elly to Rebecca Parver

To Tamar and Michal Gafni on the birth of their sister

March 9
Penina Gold

March 10
Ariel Fuhs

Parsha Quiz



פרשת ויקהל

עליות חמישי וששי
ל"ז: כ' - ל"ז: כ"ט

קרשים
פרכת
מסך
ארון
שולחן

רש"י

ל"ז: א' - "ויעש בצלאל"

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